



Chair Massage



Boosts Energy

Alleviates Back Pain

Releases Endorphins & Enhances Mood

Introductory Offer in August
£10 for a 15 minute relaxing chair massage*
*Usual price £15

Wednesdays & Thursdays
Available Wed 11am- 12:30pm
Available Thurs 11am - 13:00pm

Book your massage today
01822 617722
www.tavistockphysio.co.uk





Chair Massage



Boosts Energy



Improves Flexibility



Releases Endorphins & Enhances Mood



Alleviates Back Pain



Wednesdays & Thursdays
 Available between 11:00 – 13:00
Book your massage today
 01822 617722
 www.tavistockphysio.co.uk

